

ABOUT CHAIR SIZING

For more information visit www.edenoffice.co.nz/Chair_sizing

Having a chair that is the right size is the first step to sitting correctly and comfortably. We have chairs to suit all users – here is an indication of which chairs are most likely to suit which users.

KEY ERGONOMIC BASICS

Small/slight

Average

Tall/large



For **small** and **slight users** we recommend



[Spectrum](#) [Graphic](#) [Chorus](#)



[Tempo](#) [Swatch](#) [Tag](#)

For users of **average build** we recommend



[Spectrum](#) [Graphic](#) [Chorus](#)



[Tempo](#) [Swatch](#) [Arena](#)



[Media Ergo](#) [Edge](#) [Tag](#)



[Cloud Ergo](#) [Cont](#)

For **tall** or **large users** we recommend



[Spectrum long seat](#) [Spectrum long/wide seat](#) [Spectrum wide seat](#)



[Arena](#) [Media Ergo](#) [Edge](#)



[Cloud Ergo](#) [Control](#)



Spectrum long/wide seat:
[AFRDI 142 certified for 160kg users](#)