

# HOW TO ADJUST YOUR CONTROL CHAIR

**AFRDI  
CERTIFIED**  
FOR USERS UP TO  
**160KG**  
MULTI-SHIFT  
USE

REAR  
RIGHT LEVER

## SEAT ANGLE

Turn forward for  
a forward tilt seat  
position.

Turn back for a  
level seat position.

ROUND  
RIGHT HANDLE

## SEAT/ BACK TILT TENSION

Turn backward to  
increase tension.

Turn forward to  
lighten tension.

FRONT  
RIGHT LEVER

## GASLIFT SEAT HEIGHT

When sitting, lift lever to lower  
the gaslift.

Take your weight off the seat  
and lift lever to raise the gaslift.

ADJUSTABLE HEADREST

Slide up to adjust height.  
Twist in or out to adjust angle.

HEIGHT-ADJUSTABLE  
ARMRESTS

Use button on side of  
armrest to adjust height.

ROUND  
LEFT HANDLE

## SEAT/ BACK SYNCHRO TILT

Turn forward  
to release  
seat/back  
synchro tilt.

Turn  
backward  
to lock in  
desired  
position.

FRONT  
LEFT LEVER

## SEAT SLIDE

Take your weight  
off the seat, lift lever,  
and slide seat forward  
or backward to  
adjust position.



# EDEN

# CONTROL



10YR

WARRANTY:  
FOR NORMAL  
OFFICE USE

5YR

WARRANTY:  
FOR 24-HOUR  
USE

160KG

RECOMMENDED  
MAXIMUM  
USER WEIGHT

160KG

**CERTIFIED**  
MULTI-SHIFT\*

AFRDI  
LEVEL 6

AUSTRALIAN / NZ  
STANDARD FOR  
COMPUTER CHAIRS\*

\*AFRDI 142 cert for 160kg multi-shift

\*AFRDI Level 6

## SEATING POSTURE

We recommend computer users adopt an open-angle sitting position, with knees slightly lower than hips.

Always sit near the back of your seat.

Adjust the tilt tension so that when the synchro tilt is released the chair supports your weight in an upright seated position but allows you to lean back easily if you choose.

Sit close to your workstation.

Your feet should be flat on the floor or on a footrest.

Keyboarding and mouse operation should be achieved comfortably without stretching.

## WARRANTY

Eden Office accept full responsibility for faulty workmanship and/or mechanical failure on Control chairs. Chair parts will be repaired or replaced free of charge within this period.

Repairs undertaken by any other party, or adjustment or tampering with mechanical parts, could void the warranty.

## CHAIR CARE

The **mechanical parts** of your Control chair require little or no maintenance.

The **castors** should be kept clear of threads or other objects that would inhibit their movement.

The **gaslift** contains pressurised gas and should not be tampered with in any way.

Vacuum regularly. Protect from direct sunlight. Professional cleaning is recommended.

**For spot cleaning:** Wipe clean with a damp cloth, or shampoo using upholstery shampoo. A mild citrus cleaner may also be used.

This chair is covered in:

- Polyester fabric
- Other